



**Crossfire Youth Sports teams with Velocity Sports Performance to offer enhanced programming and training opportunities**

Core operations will move from Minnetonka to Champlin.

Minnetonka, Minn., Aug. 10, 2011 – Crossfire Youth Sports has entered into a partnership with Velocity Sports Performance to enhance training opportunities for athletes and continue its tradition of offering quality programs with a Christian focus.

The agreement will go into effect Sept. 1, and as a result Crossfire Youth Sports will move its core operations from Minnetonka to Velocity's Champlin location. It will continue to offer training across the Twin Cities, said Executive Director of Crossfire Youth Sports Tom Fuglestad.

"Velocity is a terrific complement to our organization," said Fuglestad. "Crossfire athletes will benefit from an expanded facility, professional staff and increased training options."

Founded in 2003, Crossfire Youth Sports ([www.gocrossfire.org](http://www.gocrossfire.org)) is a nonprofit Christian-based organization that offers competitive opportunities in volleyball, basketball and karate. Crossfire served more than 400 youths, with more than 350 athletes (boys and girls) participating on Junior Olympic volleyball teams last year.

With the move to Champlin, Crossfire athletes will have access to a state-of-the-art facility, professional staff and programs designed to maximize athletic performance and wellness.

"I'm excited about Crossfire Volleyball moving to Velocity and the increased opportunities it will provide our club," said Chris Hunt, volleyball director. "Expanding our space to include three courts will allow us greater training opportunities. Partnering with a national sports organization gives us more depth in what we can offer. Velocity has shown strong support for sports ministry, which makes the partnership even more exciting."

Velocity Sports Performance ([www.velocitysp.com/champlin](http://www.velocitysp.com/champlin)) began 12 years ago and has more than 50 locations throughout the United States, including Champlin. Velocity offers comprehensive training to allow athletes reach their goals in developing speed, power, agility, balance and strength. It also allows athletes to get coaching from experts who have worked with professional- and Olympic-level athletes.

"Velocity Sports Performance is honored to partner with such a high quality organization like Crossfire Youth Sports," said Todd Wilson, owner of Velocity Sports Performance Champlin. "We look forward to working together to providing athletes with the most comprehensive training currently available in the Twin Cities."